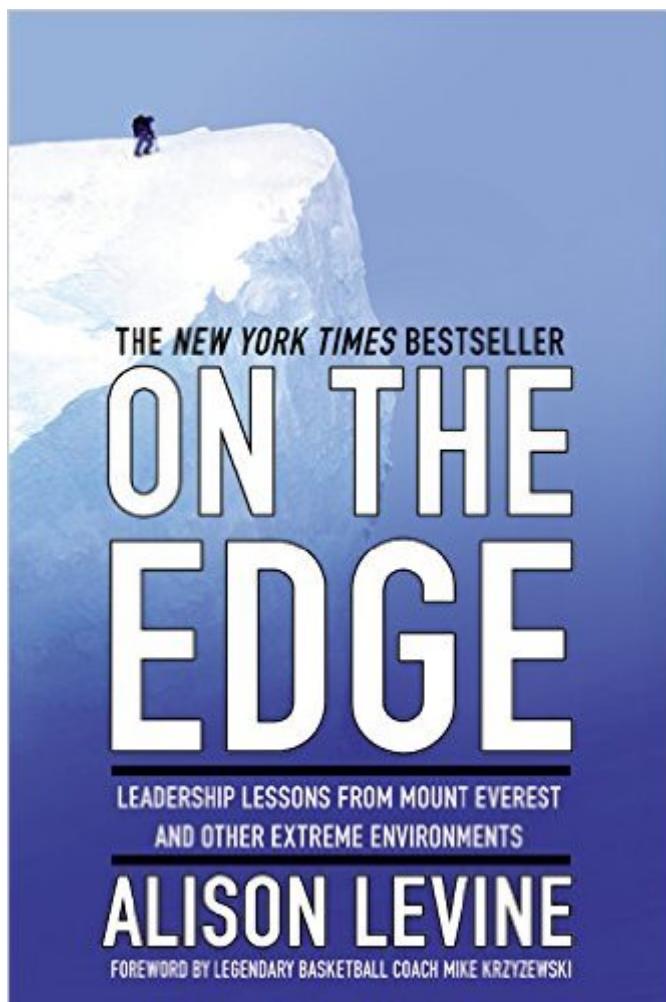


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# On The Edge: Leadership Lessons From Mount Everest And Other Extreme Environments



## **Synopsis**

FOREWORD BY LEGENDARY DUKE BASKETBALL COACH MIKE KRZYZEWSKIOn the Edge is an engaging leadership manual that provides concrete insights garnered from various extreme environments ranging from Mt Everest to the South Pole. By reflecting on the lessons learned from her various expeditions, author Alison Levine makes the case that the leadership principles that apply in extreme adventure sport also apply in today's extreme business environments. Both settings require you to be able to make crucial decisions on the spot when the conditions around you are far from perfect. Your survival -and the survival of your team-depend on it. Featuring a Foreword from legendary Duke University basketball coach Mike Krzyzewski who knows all about leadership, On the Edge provides a framework to help people scale whatever big peaks they aspire to climb-be they literal or figurative-by offering practical, humorous, and often unorthodox advice about how to grow as a leader.

## **Book Information**

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## **Customer Reviews**

Alison Levine's "On the Edge" is an easy-to-read, page-turner filled with personal anecdotes that illustrate leadership lessons. Having read adventure stories and books from successful business leaders, I was seeking -- and found -- another perspective that might offer real world benefits. Part story-teller, part motivational speaker, and part leadership teacher, Levine offers a little bit of everything: applications to marketing, advertising, or business development, as well as personal growth...No doubt, Alison Levine is an extraordinary, accomplished person. Yet, her down-to-earth personality and sense of humor will entertain and enable a reader to relate her experiences to their

own. Overall, Alison Levine's firsthand recollections will interest athletes and travelers. And, the concise summaries offer a useful outline for organizational management. But, mostly, this engaging book may inspire the reader to attempt, achieve, and make a difference...

I know this is supposed to be a book about leadership lessons (and it does have some very interesting and insightful lessons), but what amazed me most, was that I couldn't put it down. I actually stayed up way too late to finish it. As someone who has never climbed a mountain or skied to either pole, I found Alison's stories gripping yet, surprisingly easy to relate to every day business issues and even challenges in life.

I love this book! It has everything, I laughed and learned and even cried tears of joy for her triumphs. Alison is a superstar and so loveable. I felt like I was with her every step of the mountain (and even though it was 4 degrees while I was reading it, I don't think that was the reason). Great stories and not overly technical. Her passion for the sport and adventure and life shines! And as an administrative assistant, it is a great feeling knowing that even someone at my level can and should be a leader. She nailed it, this is a book I will read over and over!

When I interviewed Alison years ago as the former Wall Street trader prepared to lead the first women's expedition up Mount Everest, I thought she was one of the most impressive, inspiring, courageous and dynamic young women I'd ever met. Since then she has conquered new frontiers including the highest peaks on every continent and both the South and North Poles and taught the leadership and success skills acquired on her (literally) uphill battles to business professionals and military cadets. This terrific, engaging book captures Alison's spirit, commitment, smarts, insights and "yes" humor in an enlightening manual designed to bring out the best in all of us. Brava, Alison, for your big dreams, big heart and big accomplishments!

I just finished reading Alison's book, and I loved it. I honestly felt cold and had to put on a sweater as she described her two attempts to reach the top of Everest. While I've never been interested in climbing, I am always interested in the effort and sacrifice that any elite athlete exerts to achieve their goal. I loved her humor, and I found her writing style absolutely delightful. I've read other authors who bore me to death. This book was a fun read, and I learned so many little things about what a climber does to both prepare and to achieve their goals. She did a great job of applying these efforts into everyday lessons in life and business. I found her to be both courageous and

fascinating. I highly recommend this book.

This book delivers on its promise of providing leadership lessons from a true adventurer. Well-written and concise, this book is easy to read and provides not only inspirational examples, but thought-provoking challenges and questions to the person reading it to develop her own leadership abilities. I hope Alison will publish again, with more tales of her adventures - love her sense of humor and would love to know more about what those adventures were like, beyond lessons for leadership. Congratulations to Alison on her accomplishments. Recommended reading.

I wasn't prepared for a non-fiction business book to be such a page turner! I found the format to be well organized and comprehensive. Alison has a terrific sense of humor and she is able to share her knowledge of leadership in teamwork in such an easy to digest manner that I am sure there is value in here for a huge range of readers. So many business books focus on one segment - this book has multiple takeaways for your career and life in general. I loved it.

Alison Levine is a mountaineer and polar explorer, who has completed the Adventure Grand Slamâ "skiing to both the North and South Poles and also summing the highest peak on each continent. She was the captain for the first American Womenâ ™s Everest Expedition in 2002 and has worked on Wall Street, as well as serving three years as an adjunct professor at West Point. A popular speaker and consultant in leadership development, she offers some unorthodox advice, including: Look for teammates with big egos; when making progress turn around and change direction; practice sleep deprivation; donâ ™t try to overcome weakness; and, success can be a problem. Read full review at [...]

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